

## COACHING STAFF



**Peter Letourneau**  
Head Coach

Peter Letourneau was named the sixth head coach of the Frostburg State women's volleyball program April 4, 2005.

Letourneau brings more than 15 years of coaching and playing experience to FSU and takes over a program that posted a 100-38 overall record and a 39-6 mark in the Allegheny Mountain Collegiate Conference, won three AMCC regular-season and tournament championships and made three NCAA Tournament appearances in the past four seasons.

"I am very excited to be working with Frostburg State's volleyball program, and I look forward to getting in the gym with our core of excellent returning players," said Letourneau upon his hiring. "I am energized by the challenge of continuing FSU's record of success on the volleyball court."

Letourneau joins the Bobcats after serving one year as the top assistant coach and recruiting coordinator at Division I Rutgers University in New Brunswick, N.J. Letourneau helped the Scarlet Knights to a 16-10 overall record and a 4-6 mark in the BIG EAST. The season was highlighted by a nine-match road winning streak and an upset of eventual conference runner-up Pittsburgh.

Prior to his stint at Rutgers, Letourneau served as the head coach of both the men's and women's volleyball programs at Division III Villa Julie College in Stephenson, Md., from 2001 to 2003. Letourneau's women's squads showed improvement each season, winning seven, eight and 14 matches, respectively, in his three years.

Before Villa Julie, Letourneau coached the Time Out Junior Olympic Volleyball Club. He has also coached at numerous camps over his career, including the Gold Medal Squared Volleyball Camp and the University of North Carolina at Chapel Hill Girls Volleyball Camp. In 2002, he received a Level I coaching accreditation from USA Volleyball.

Letourneau gained valuable experience during his playing career. Over his six-year stint with the United States Air Force (1992-98), he was selected to the All-Services Volleyball Team and the All-Air Force Team (1994-95). He also played on the Florida Pro-Beach Volleyball Tour (1990-92) and began his playing career at Division II East Stroudsburg University in 1989.

Letourneau, a 2003 graduate of Towson University, is married to his wife of four years, Barbara.



**Barbara Letourneau**  
Assistant Coach

Barbara Letourneau enters her first season as the assistant coach for the Frostburg State volleyball program. She returns to college volleyball after teaching at Dunbar High School in Baltimore since 2002. Letourneau was the head volleyball coach at Dunbar in 2004 and guided the Poets into the regional championship of the state tournament, the best finish of any city school in 10 years.

Letourneau brings a wealth of playing and coaching experience to FSU. She served three years as the assistant coach at Villa Julie College and two seasons with Time Out Volleyball Club, and she has spent the past two summers conducting Gold Medal Squared volleyball camps throughout the eastern United States.

Letourneau is still an active player, competing in USA Volleyball's Chesapeake Region. Last June, she competed at the USA Volleyball National Championships in Denver. Prior to moving from her home in Brazil, Letourneau played volleyball as a member of Minas Tenis Clube varsity volleyball team from age 11 to 16 and won city championships in Belo Horizonte, Brazil from 1985 to 1987. During the same period, she represented her school Colegio Monte Calvario in Belo Horizonte, Brazil, on the varsity team (as captain) from 1985 to 1987. Afterward, she played with the Colegio Arnaldo varsity team (as captain) from 1988 to 1990.

Letourneau brings fantastic energy and enthusiasm to the gym everyday that positively affects those around her. Her understanding of volleyball will be a tremendous asset to the Bobcats as they prepare for the 2005 season.

Letourneau will be starting her master's degree in human performance at Frostburg State in the fall.

### FROSTBURG STATE VOLLEYBALL COACHING CHRONOLOGY

<u>Name</u>	<u>Years</u>	<u>Record</u>
Ann Wellham	1994-1995	25-51
Nancy Crawley	1996-1997	54-21
Jennifer Bowman	1998-1999	72-9
Jon Teetzel	2000	34-4
<u>Jeff Billington</u>	<u>2001-2004</u>	<u>100-38</u>
<b>Totals</b>	<b>Eleven Seasons</b>	<b>285-123</b>

## BOBCATS BEGIN NEW ERA UNDER LETOURNEAU

The Frostburg State volleyball program begins a new era in 2005 under first-year Head Coach Peter Letourneau. Letourneau, the top assistant at Rutgers in 2004, takes over a program that won 30 or more matches in each of the last two seasons and advanced to the NCAA Tournament in each of the last three.

Letourneau is no stranger to the state of Maryland, having graduated from Towson and having served as head coach of the men's and women's volleyball programs at Villa Julie. He will have his work cut out in finding replacements for a majority of last year's team. FSU lost four first-team All-Allegheny Mountain Collegiate Conference performers in Lauren Petrick, Jodi Carpenter, Carrie Ness and Sam Seyferth. FSU also lost Tara Emerick, Kelly May and Lori Potts.

The Bobcats are young and inexperienced and will look for their three returners — senior captains **Kristie Butt** (Germantown, Md./Seneca Valley) and **Carly McDonald** (Owings, Md./Northern) and junior **Amanda Hernandez** (Crofton, Md./Arundel) — to carry them to a fourth-straight AMCC championship.

Butt, the lone returning defensive specialist, recorded 110 digs and 10 service aces in 72 games last year.

McDonald, an outside hitter, earned All-AMCC honorable mention honors in 2004 after leading the FSU with 51 service aces. She finished second on the team with 365 digs and was third with 263 kills. She also had 38 blocks and 25 assists.

Hernandez, a setter, led the Frostburg State unit and finished second in the AMCC with 841 assists. She was fifth on the team with 268 digs and 22 service aces, and she also added 23 blocks.

Sophomore **Lauren Weller** (Gaithersburg, Md./Gaithersburg) returns to the FSU volleyball program after missing the 2004 season with an illness. In 2003, she smashed 113 kills in 77 games while posting a .310 hitting percentage.

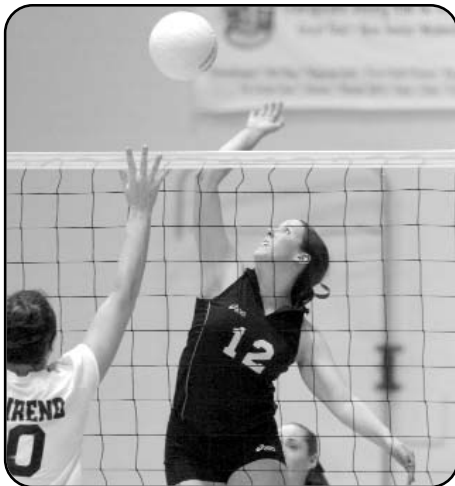
The Bobcats will utilize eight newcomers this season — two transfers and six freshmen.

Junior **Amanda Frantz** (Friendsville, Md./Northern Garrett) and sophomore **Gaby Archibold** (Odenton, Md./Arundel) are transfers with collegiate volleyball experience and should earn valuable playing time.

Frantz, a transfer from Garrett College, is a versatile player and an efficient attacker. At Garrett, she earned Region XX honorable mention and second-team All-Maryland JUCO honors.

Archibold, a transfer from Anne Arundel Community College, is a very coachable player with excellent jumping ability. She worked hard on her game in the spring and should compete for playing time.

Freshmen joining the squad are **Kristen Byron** (Westminster, Md./Winters Mill), **Meg McDearmon** (Owings Mills, Md./Franklin), **Sarah Nugent** (Cockeysville, Md./Dulaney), **Kate Plume** (Hagerstown, Md./North Hagerstown), **Jenny Wheaton** (Ashburn, Va./Stone Bridge) and **Caryn Wright** (Pikesville, Md./Western Tech).



*Senior co-captain Carly McDonald earned second-team All-AMCC honors last season after posting 365 digs, 263 kills and 51 aces.*

Byron, a setter/defensive specialist, handles the ball well and is learning the offensive strategies at the collegiate level.

McDearmon, an outside hitter, has good club experience and brings a high knowledge of the game to Frostburg State. She has proven to be a good hitter and should see floor time this season.

Nugent, a defensive specialist, loves the game and is the most dedicated player on the team. She is very personable and her great social skills allow her to connect with everyone on the squad.

Plume, another defensive specialist, is one of the best athletes on the team. She is an explosive leaper and has an aggressive personality on the floor. She is very fast and physical and will contribute during the season.

Wheaton, a setter/defensive specialist, has a lot of experience playing club ball at a high level. She is the best ball control player of the newcomers and she offers a lot of options with her versatility.

Wright, a middle blocker, worked hard in the preseason to learn the flow of the game. She has good athletic ability and will compete for playing time.

As usual, the Bobcats will face another tough schedule featuring 2004 NCAA Tournament participants Gettysburg (28-6), Eastern (30-7) and Salisbury (25-12). FSU will also meet Mid-Atlantic regional opponents Elizabethtown (24-9), Johns Hopkins (18-10) and Susquehanna (21-22) during the regular season.

Having won three straight AMCC crowns, Frostburg State is once again selected as preseason favorites according to a vote taken by league coaches. Penn State Behrend, Penn State Altoona and Mount Aloysius round out the top four spots.



Front Row (L-R): Kate Plume, Kristen Byron, Carly McDonald, Kristie Butt, Jenny Wheaton & Sarah Nugent.

Back Row (L-R): Head Coach Peter Letourneau, Gaby Archibold, Amanda Frantz, Amanda Hernandez, Caryn Wright, Lauren Weller, Meg McDearmon, Assistant Coach Barb Letourneau & Student Assistant Coach Jodi Carpenter.

## 2005 FROSTBURG STATE UNIVERSITY VOLLEYBALL ROSTER

No.	Name	Pos.	Ht.	Yr.	Hometown/High School (Prev. College)
3	Sarah Nugent	DS	5-4	So.	Baltimore, Md./Dulaney
4	Gaby Archibold	DS	5-7	So.	Odenton, Md./Arundel (Anne Arundel CC)
6	Lauren Weller	OPP	5-8	So.	Gaithersburg, Md./Gaithersburg
7	Kristen Byron	S	5-5	Fr.	Westminster, Md./Winters Mill
8	Jenny Wheaton	S/L	5-5	Fr.	Ashburn, Va./Stone Bridge
9	Amanda Hernandez	S	5-9	Jr.	Crofton, Md./Arundel
10	Kate Plume	MH	5-10	Fr.	Hagerstown, Md./North Hagerstown
12	Carly McDonald	OH	5-8	Sr.	Owings, Md./Northern
14	Caryn Wright	MH	5-11	Fr.	Pikesville, Md./Western Tech
20	Amanda Frantz	OH	5-11	Jr.	Friendsville, Md./Northern Garrett (Garrett College)
21	Kristie Butt	DS	5-6	Sr.	Germantown, Md./Seneca Valley
33	Meg McDearmon	OH	5-9	Fr.	Owings Mills, Md./Franklin

Head Coach: Peter Letourneau, Towson '03 (First Season)

Assistant Coach: Barbara Letourneau, Towson '99 (First Season)

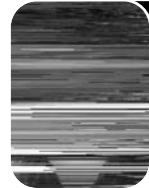
Student Assistant Coach: Jodi Carpenter, Frostburg State '06 (First Season)

Captains: Kristie Butt & Carly McDonald



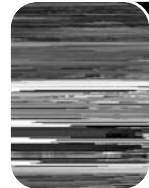
**Gaby Archibold**  
So. • 5-7 • DS  
Odenton, Md.  
Arundel (Anne Arundel CC)

Prior to FSU: Played one season of volleyball at Anne Arundel Community College ... Earned three varsity letters at Arundel HS — two in volleyball and one in track and field ... Spanish Honor Society ... Personal: Born October 20, 1985 ... Daughter of Elsa Quiles ... Majoring in elementary education with a minor in spanish.



**Kristie Butt**  
Sr. • 5-6 • DS  
Germantown, Md.  
Seneca Valley

Team co-captain ... 2004: Played in 72 games ... Posted 110 digs and 10 service aces ... 2003: Saw action in 46 games ... Recorded 44 digs and 18 service aces on the year ... Had a career-high seven digs against Penn State Altoona (10/9) ... Posted three aces in three matches ... 2002: Played in 28 games ... Posted 28 digs and 13 service aces on the season ... Had six digs twice ... Recorded a career-high four aces versus Lake Erie (10/18) ... Prior to FSU: Lettered in volleyball at Seneca Valley ... Team MVP ... Honor Roll selection ... Personal: Born August 9, 1984 ... Daughter of Michael and Rita Butt ... Majoring in sociology and business administration.



**Kristen Byron**  
Fr. • 5-5 • S  
Westminster, Md.  
Winters Mill

Prior to FSU: Second team all-conference selection as a senior and honorable mention honoree as a junior ... Earned two letters in volleyball ... MVAL Academic Award and Academy Achievement award winner ... Personal: Born October 24, 1987 ... Daughter of Jeffrey and Kinsey Byron ... Undecided on a major.



**Amanda Frantz**  
Jr. • 5-11 • OH  
Friendsville, Md.  
Northern Garrett (Garrett CC)

Prior to FSU: Played two years of volleyball and one year of basketball at Garrett Community College ... Named Region XX honorable mention and second-team All-Maryland JUCO as a sophomore ... Earned a combined 11 letters — four each in basketball and softball and three in volleyball — at Northern Garrett ... Second-team All-WMIL as a senior ... Two-time All-WMIL first-team selection and team MVP in basketball ... Softball Offensive and Co-Defensive team MVP as a junior and team MVP as a senior ... National Honor Society member ... Honor roll all four years ... Personal: Born April 7, 1985 ... Daughter of Mark and Cynthia Frantz ... Majoring in mathematics with a minor in mathematical sciences.



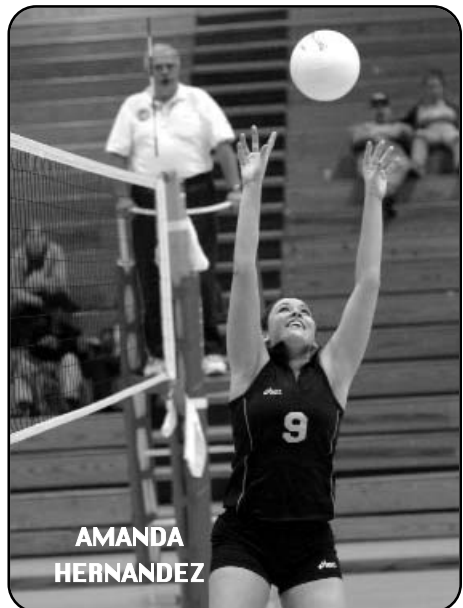
**Amanda Hernandez**  
Jr. • 5-9 • S  
Crofton, Md.  
Arundel

2005: Second-team All-AMCC selection ... Started all 33 games for the Bobcats ... 2004: Appeared in 97 games ... Led the squad and finished second in the AMCC with 841 assists ... Fifth on the team with 268 digs and 22 service aces ... Also had 23 blocks and seven kills ... 2003: Played in 48 games ... Ranked second on the team with 385 assists and third with 38 service aces ... Added 123 digs ... Had a career-high 35 assists as well as 11 digs versus Christopher Newport (9/1) ... Posted 33 assists and 10 digs against Messiah (10/25) ... Added 20 assists and 10 digs versus Penn State Behrend in the AMCC championship match ... Prior to FSU: Lettered in volleyball and basketball at Arundel ... Anne Arundel County Player of the Year, first-team *Baltimore Sun* All-Met and second-team *Washington Post* All-Met as a senior ... Helped Arundel to a 15-2 record and the region semifinals ... Set a school record with 507 assists as a junior and earned first-team All-Anne Arundel County honors ... Helped Arundel basketball to a state championship and two state semifinal appearances ... First-team all-county and honorable mention *Washington Post* All-Met in basketball as a senior ... Personal: Born

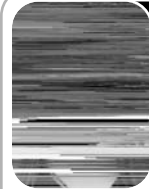


**Meg McDearmon**  
Fr. • 5-9 • OH  
Owings Mills, Md.  
Franklin

Prior to FSU: Earned letters in volleyball and track at Franklin ... First-team all-county as a senior ... Senior All-Star ... Second-team all-county as a junior ... Personal: Born September 30, 1987 ... Daughter of Michael and Jeanne McDearmon ... Majoring in elementary education.

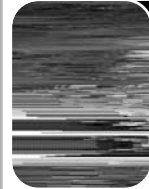


AMANDA HERNANDEZ



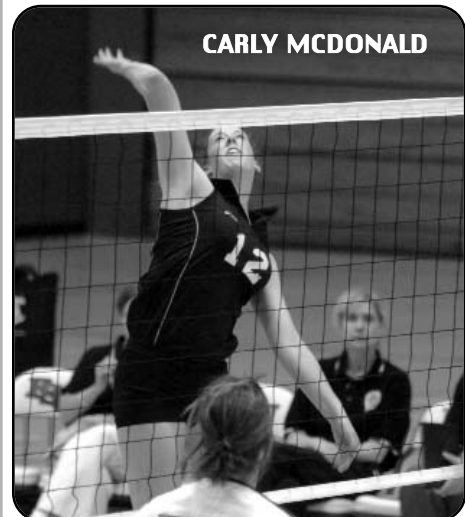
**Carly McDonald**  
Sr. • 5-8 • OH  
Owings, Md.  
Northern

Team co-captain ... 2004: Earned All-AMCC honorable mention honors ... Played in 113 of FSU's 120 games ... Led the team with 51 service aces, finished second with 365 digs and was third with 263 kills ... Also had 38 blocks (19 solo, 19 assisted) and 25 assists ... 2003: Played in 84 games ... Finished second on the team with 49 service aces, tied for third with 266 digs and was fourth with 197 kills ... Added 23 assists and a .267 hitting percentage ... Smashed a season-high 14 kills against Messiah (10/25) ... Had 16 digs, seven service aces and six kills versus La Roche (10/27) ... Posted 18 digs and nine kills against Carnegie Mellon (9/6) ... 2002: Earned All-AMCC honorable mention honors ... Played in all 35 matches and 122 of 123 games ... Ranked second on the team with 181 assists, with a career-high 41 versus Penn State Behrend (9/28) ... Placed third on the team with 76 service aces, including a career-high eight against Gwynedd Mercy (9/7) ... Was fourth on the squad in both kills (225) and digs (233) ... Had a career-high 15 kills versus Shepherd (9/10) and 17 digs against Pitt-Johnstown (10/3) ... AMCC Player of the Week (10/21) ... Prior to FSU: Earned three varsity letters in volleyball at Northern ... First-team All-Southern Maryland Extra, second-team *Washington Post* All-Met and team MVP as a senior ... First-team all-county, first-team all-conference and honorable mention *Washington Post* All-Met as a junior ... Four-year Honor Roll member ... Personal: Born April 23, 1984 ... Daughter of Mickey and Brenda McDonald ... Majoring in mechanical engineering.

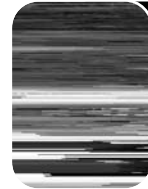


**Sarah Nugent**  
So. • 5-4 • DS  
Baltimore, Md.  
Dulaney

Prior to FSU: Team captain senior year at Dulaney ... Earned two letters in volleyball ... Honor roll all four years ... Personal: Born December 16, 1986 ... Daughter of Joseph and Mary Ann Caskey ... Majoring in health and physical education as well as exercise and sport science.



CARLY MCDONALD



**Kate Plume**  
Fr. • 5-10 • MH  
Hagerstown, Md.  
North Hagerstown

Prior to FSU: Earned varsity letters in volleyball and lacrosse at North Hagerstown ... First-team all-league and second-team all-county as a senior ... Second-team all-league and second-team all-county as a junior ... Personal: Born September 14, 1987 ... Daughter of John and Debbie Plume ... Majoring in education with a minor in athletic training.



**Lauren Weller**  
So. • 5-8 • OPP  
Gaithersburg, Md.  
Gaithersburg

2004: Did not play ... 2003: Played in 77 games ... Recorded 113 kills, 35 assists and 112 digs ... Also had 34 total blocks and 20 service aces ... Prior to FSU: Earned four varsity letters in volleyball at Gaithersburg ... Gaithersburg Gazette Player of the Year as a senior ... Second-team all-county as a junior ... Honor Roll member every semester ... Personal: Born June 13, 1985 ... Daughter of Randall and Annette Weller ... Majoring in education with a minor in coaching.



**Jenny Wheaton**  
Fr. • 5-5 • S/L  
Ashburn, Va.  
Stone Bridge

Prior to FSU: All-District second team and All-Tournament team selection at Cheers Invitational as a senior ... Earned two letters in volleyball at Stone Bridge ... National Honor Society and honor roll all four years ... Personal: Born June 22, 1987 ... Daughter of James and Kathleen Wheaton ... Undecided on a major.



**Caryn Wright**  
Fr. • 5-11 • MH  
Pikesville, Md.  
Western Tech

Prior to FSU: Earned eight varsity letters — four each in volleyball and basketball — at Western Tech ... Volleyball team MVP as a senior and Baltimore County all-star as a junior and senior ... Earned numerous honors in basketball ... Four-time first-team all-division, three-time team MVP and three-time Baltimore County all-star ... Member of the highly successful Maryland/AU Waves ... National Honor Roll and Who's Who inductee as a senior ... Volleyball and basketball team captain ... Personal: Born May 8, 1987 ... Daughter of Marvin and Judith Wright ... Majoring in exercise and sport science.

## 2004 AMCC FINAL STANDINGS

Team	AMCC	Overall
<i>Frostburg State</i>	9-0	30-6
Penn State Altoona	8-1	16-9
Penn State Behrend	7-2	17-15
Pitt-Bradford	6-3	10-14
Mt. Aloysius	5-4	11-16
Pitt-Greensburg	3-6	4-22
Medaille	3-6	12-14
La Roche	3-6	10-12
Lake Erie	1-8	2-23
Hilbert	0-8	1-15

## 2004 AMCC VOLLEYBALL TOURNAMENT

### First Round - Tues., Nov. 2 (at higher seed)

#6 Medaille	18	26	14	
#3 Penn State Behrend	30	30	30	
#5 Pitt-Greensburg	24	25	30	27
#4 Pitt-Bradford	30	30	26	30

### Semifinals - Fri., Nov. 5 (at Frostburg State)

#4 Pitt-Bradford	11	16	6		
<b>#1 Frostburg State</b>	<b>30</b>	<b>30</b>	<b>30</b>		
#3 Penn State Behrend	31	30	30	25	15
#2 Penn State Altoona	33	23	20	30	13

### Final - Sat., Nov. 6 (at Frostburg State)

#3 Penn State Behrend	25	20	17
<b>#1 Frostburg State</b>	<b>30</b>	<b>30</b>	<b>30</b>

## 2004 NCAA TOURNAMENT

(Mid-Atlantic Regional at Gettysburg)

### First Round - Nov. 11

#5 Salisbury	21	37	21	25
<b>#4 Frostburg State</b>	<b>30</b>	<b>35</b>	<b>30</b>	<b>30</b>
#6 Lycoming	28	30	20	23
#3 Eastern	30	23	30	30

### Regional Semifinals - Nov. 12

<b>#4 Frostburg State</b>	<b>15</b>	<b>17</b>	<b>20</b>	
#1 Juniata	30	30	30	
#3 Eastern	31	20	30	30
#2 Gettysburg	29	30	27	28

### Regional Championship - Nov. 13

#3 Eastern	18	21	22
#1 Juniata	30	30	30



## 2004 AMCC VOLLEYBALL HONORS

### First Team

<i>Carrie Ness</i>	.....S	.....Sr	.....Frostburg State
<i>Sam Seyfferth</i>	.....LDS	.....Sr	.....Frostburg State
<i>Lauren Petrick</i>	.....OH	.....Sr	.....Frostburg State
<i>Jodi Carpenter</i>	.....MB	.....Sr	.....Frostburg State
Missy Wahlberg	.....OH	.....Jr	.....Pitt-Bradford
Jill McCoy	.....OH	.....Jr	.....Mount Aloysius
Elaine Voltz	.....MH	.....So	.....Penn State Behrend

### Second Team

Amanda Evans	.....S	.....Jr	.....Penn State Behrend
Ashley Ordy	.....LDS	.....Sr	.....Penn State Behrend
Megan Snyder	.....MH	.....Jr	.....La Roche
Erin Monn	.....MB	.....Jr	.....Penn State Altoona
Lisa Wagner	.....OH	.....So	.....Penn State Behrend
Sheena Cooper	.....OH	.....Fr	.....Penn State Altoona
Brianna Baker	.....MH	.....Fr	.....Mount Aloysius

### Honorable Mention

Lindsay McGuirk	.....S	.....So	.....Penn State Altoona
Tara Dudash	.....LDS	.....Sr	.....La Roche
B.J. Bertges	.....OH	.....Sr	.....Pitt-Greensburg
Jennifer Lewke	.....MH	.....Sr	.....Pitt-Bradford
<i>Carly McDonald</i>	.....OH	.....Jr	.....Frostburg State
Breanne Bell	.....OH	.....Fr	.....Pitt-Greensburg
Natalie Bonno	.....MH	.....Fr	.....Penn State Altoona

### Player of the Year

<i>Lauren Petrick</i>	.....OH	.....Sr	.....Frostburg State
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### Newcomer of the Year

Brianna Baker	.....MH	.....Fr	.....Mount Aloysius
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### Co-Coaches of the Year

<i>Jeff Billington</i>	.....Frostburg State
Aaron Bowers	.....Penn State Altoona

## AMCC CHAMPIONSHIP HISTORY

2004	.....Frostburg State
2003	.....Frostburg State
2002	.....Frostburg State
2001	.....Penn State Behrend
2000	.....Frostburg State
1999	.....Frostburg State
1998	.....Frostburg State
1997	.....Frostburg State

## 2004 FROSTBURG STATE UNIVERSITY VOLLEYBALL RESULTS

OVERALL RECORD: 30-6 AMCC: 9-0 (1ST)

Date	Opponent	Result	Date	Opponent	Result
Sept. 3	at Juniata #	L/0-3	Oct. 15	York	W/3-0
Sept. 3	vs. Waynesburg #	W/3-0	Oct. 15	Elmira	W/3-0
Sept. 4	vs. Wittenberg #	L/0-3	Oct. 16	Hilbert *	W/3-0
Sept. 4	vs. Gettysburg #	L/1-3	Oct. 16	Moravian	W/3-0
Sept. 8	Pitt-Johnstown	W/3-1	Oct. 19	at La Roche *	W/3-0
Sept. 10	vs. Mary Washington \$	W/3-0	Oct. 23	at Penn State Behrend *	W/3-1
Sept. 10	vs. Averett \$	W/3-0	Oct. 23	vs. Slippery Rock !	L/2-3
Sept. 11	at Washington & Lee \$	W/3-1	Oct. 23	vs. Ohio Wesleyan !	W/3-0
Sept. 11	vs. Christopher Newport \$	W/3-2	Oct. 27	Pitt-Greensburg *	W/3-0
Sept. 17	Villa Julie ^	W/3-0	Oct. 30	Lake Erie *	W/3-0
Sept. 17	Washington ^	W/3-0	Nov. 5	Pitt-Bradford &	W/3-0
Sept. 18	Johns Hopkins ^	W/3-0	Nov. 6	Penn State Behrend &	W/3-0
Sept. 18	Salisbury ^	W/3-0	Nov. 11	vs. Salisbury -	W/3-1
Sept. 24	vs. Juniata %	L/1-3	Nov. 12	vs. Juniata -	L/0-3
Sept. 24	at Salisbury %	W/3-2			
Sept. 25	vs. Richard Stockton %	W/3-0			
Sept. 25	vs. Johns Hopkins %	W/3-0			
Sept. 29	at Penn State Altoona *	W/3-0			
Oct. 2	Pitt-Bradford *	W/3-0			
Oct. 9	at Medaille *	W/3-0			
Oct. 9	vs. SUNY-Fredonia	W/3-0			
Oct. 13	Mt. Aloysius *	W/3-0			

### Home Games in Bold

\* Allegheny Mountain Collegiate Conference Opponents

! at Penn State Behrend # at Juniata Tournament

\$ at Washington & Lee Tournament

^ Second Annual ASICS Maryland Div. III State Tournament

% at Salisbury Tournament & AMCC Tournament

- NCAA Mid-Atlantic Regional (at Gettysburg, Pa.)

## 2004 FROSTBURG STATE UNIVERSITY VOLLEYBALL STATISTICS

Name	GP	K	E	TA	H%	A	SA	SE	RE	DIG	BkA	BkS	BkE
Alana Boyle	46	63	23	177	.226	7	1	4	3	20	4	4	14
Kristie Butt	72	0	0	23	.000	0	10	7	5	110	0	0	0
Jodi Carpenter	118	429	60	912	.405	9	30	47	3	143	92	63	53
Tara Emerick	100	132	48	381	.220	19	10	15	3	89	51	21	55
Amanda Hernandez	97	7	2	39	.128	841	22	17	2	268	16	7	13
Carly McDonald	113	263	93	797	.213	25	51	46	37	365	19	19	21
Kelly May	105	270	73	666	.296	2	19	37	2	89	55	50	42
Carrie Ness	104	97	43	367	.147	664	47	68	15	315	45	27	42
Lauren Petrick	116	453	134	1179	.271	4	44	75	34	335	50	44	40
Lori Potts	31	1	3	7	-.286	1	5	5	0	6	47	0	0
<u>Sam Seyfferth</u>	<u>120</u>	<u>3</u>	<u>3</u>	<u>60</u>	<u>.000</u>	<u>13</u>	<u>4</u>	<u>2</u>	<u>47</u>	<u>573</u>	<u>0</u>	<u>0</u>	<u>0</u>
<b>TOTALS</b>	<b>120</b>	<b>1,718</b>	<b>482</b>	<b>4,608</b>	<b>.268</b>	<b>1,585</b>	<b>243</b>	<b>323</b>	<b>157</b>	<b>2,354</b>	<b>332</b>	<b>235</b>	<b>280</b>

**YEAR-BY-YEAR RECORDS**

Year	Overall	Conference/Place	Coach	Highlights
1994	10-27	n/a	Ann Wellham	
1995	15-24	n/a	Ann Wellham	
1996	22-13	n/a	Nancy Crawley	
1997	32-8	11-1/1st AMCC	Nancy Crawley	AMCC Champions
1998	36-4	11-0/1st AMCC	Jennifer Bowman	ECAC South Region Runners-Up
1999	36-5	12-0/1st AMCC	Jennifer Bowman	NCAA Tournament - First Round
2000	34-4	12-0/1st AMCC	Jon Teetzel	NCAA Tournament - Second Round
2001	14-18	6-6/2nd AMCC	Jeff Billington	AMCC Tournament Runners-Up
2002	25-10	12-0/1st AMCC	Jeff Billington	NCAA Tournament - First Round
2003	31-4	12-0/1st AMCC	Jeff Billington	NCAA Tournament - Second Round
2004	30-6	9-0/1st AMCC	Jeff Billington	NCAA Tournament - Second Round
<b>Totals</b>	<b>285-123 (.707)</b>	<b>85-7 (.924)</b>	<b>11 Seasons</b>	

*Note: Frostburg State joined the AMCC in 1997*

**TEAM SINGLE-SEASON RECORDS**

**Most Wins (overall record)**

36 (36-4)	1998
36 (36-5)	1999
34 (34-4)	2000
32 (32-8)	1997
31 (31-4)	2003

**Most Losses (overall record)**

27 (10-27)	1994
24 (15-24)	1995
18 (14-18)	2001
13 (22-13)	1996
10 (25-10)	2002

**Consecutive Wins**

22	1998
18	2000
14	2004
14	1999
14	2003

**Consecutive Losses**

9	1994
5	2002
5	1995
2	1997, 1999, 2000

**Kills**

1,917	1999
1,768	1998
1,718	2004
1,705	2000
1,554	2003

**Assists**

1,585	2004
1,566	1999
1,513	1998
1,473	2000
1,419	2003

**Hitting Percentage**

.329	2000
.281	1998
.268	2004
.267	2003
.266	1999

**Aces**

375	2002
347	2003
283	2001
267	1996
254	1997

**Digs**

2,852	1995
2,390	1997
2,354	2004
2,139	2003
1,927	1998

**Total Blocks**

525.5	1997
439.5	1998
401	2004
383.5	2000
361	1999

**BOBCAT POST-SEASON HONORS**

**AVCA All-Mid-Atlantic Region Team**

Sara Schwartz	2000
Shannon Rexrode	1997 & 1999

**AVCA Mid-Atlantic Region Coach of the Year**

Jen Bowman	1999
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**CoSida Academic All-District**

Lauren Petrick (First Team)	2003
Lauren Petrick (First Team)	2004

**ESPN the Magazine Academic All-America**

Lauren Petrick (Third Team)	2004
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**INDIVIDUAL SINGLE-MATCH**

**Kills**

Shannon Rexrode vs. Gettysburg (9/15/99)	.35 (5 gm)
Shannon Rexrode vs. Catholic (9/24/99)	.32 (5 gm)
Shannon Rexrode vs. Gallaudet (10/9/99)	.31 (4 gm)
Shannon Rexrode vs. Wash. & Jeff. (11/14/98)	.30 (5 gm)
Sara Schwartz vs. Scranton (10/13/00)	.28 (4 gm)

**Assists**

Christy Mann vs. Wash. & Jefferson (11/14/98)	.70 (5 gm)
Carrie Ness vs. Shepherd (9/10/02)	.65 (5 gm)
Carrie Ness vs. Carnegie Mellon (9/6/03)	.60 (4 gm)
Carrie Ness vs. Penn State Altoona (10/9/03)	.60 (4 gm)
Christy Mann vs. Gallaudet (10/9/99)	.60 (4 gm)

**Aces**

Carrie Ness vs. Potsdam (8/31/02)	.9 (3 gm)
Carly McDonald vs. Gwynedd Mercy (9/7/02)	.8 (3 gm)
Lauren Petrick vs. Shepherd (9/10/02)	.8 (5 gm)
Lori Glatt vs. Pitt Greensburg (10/23/02)	.7 (3 gm)
Stacy Bureau vs. Penn State Behrend (10/19/02)	.7 (5 gm)

**Blocks**

Shannon Rexrode vs. Richard Stockton (9/27/97)	.19 (5 gm)
Heather Abucevicz vs. Eastern (9/9/00)	.18 (5 gm)
Shannon Rexrode vs. Wash. & Jeff. (11/14/98)	.15 (5 gm)
Shannon Rexrode vs. Wash. & Jeff. (10/22/98)	.15 (4 gm)
Shannon Rexrode vs. PS Altoona (9/23/99)	.14 (3 gm)

**Digs**

Shannon Rexrode vs. Messiah (11/1/97)	.32 (4 gm)
Karen Moyer vs. Penn State Behrend (11/8/97)	.32 (5 gm)
Shannon Rexrode vs. PS Behrend (11/8/97)	.31 (5 gm)
Sam Seyfferth vs. Gettysburg (9/04/04)	.28 (4 gm)
Kirsten Gilt vs. Wash. & Jefferson (11/14/98)	.27 (5 gm)

**INDIVIDUAL SINGLE-SEASON**

**Kills**

Shannon Rexrode - 1999	702
Shannon Rexrode - 1998	638
Sara Schwartz - 2000	600
Lauren Petrick - 2004	453
Sara Schwartz - 1999	452

**Assists**

Christy Mann - 1998	1394
Christy Mann - 1999	1374
Christy Mann - 200	1337
Carrie Ness - 2002	1099
Carrie Ness - 2003	945

**Aces**

Lauren Petrick - 2002	.88
Carrie Ness - 2002	.84
Carly McDonald - 2002	.76
Amber Waltz - 2000	.74
Lauren Petrick - 2003	.71

**Total Blocks**

Shanon Rexrode - 1997	276
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Shannon Rexrode - 1999	.275
Jennifer Long - 1999	.182
Jennifer Long - 1997	.180
Shannon Rexrode - 1998	.178

**Digs**

Tischa Blank - 1995	.679
Sam Seyfferth - 2004	.573
Michelle Clise - 1995	.562
Sam Seyfferth - 2003	.488
Amber Waltz - 1997	.462

**Hitting Percentage (min. of 300 TA)**

Shannon Rexrode - 1996	.0460
Shannon Rexrode - 1997	.0419
Jodi Carpenter - 2004	.0405
Jennifer Long - 2000	.0403
Shannon Rexrode - 1998	.0391

**INDIVIDUAL CAREER**

**Kills**

Shannon Rexrode ('96-'99)	2019
Lauren Petrick ('01-'04)	1551
Sara Schwartz ('97-'00)	1450
Heather Abucevicz ('98-'00)	968
Jennifer Long ('97-'00)	796

**Assists**

Christy Mann ('98-'00)	4105
Carrie Ness ('01-'04)	3572
Amanda Hernandez ('03-pres.)	1234
Tischa Blank ('94-'96)	1203
Carrie Blank ('96-'98)	1029

**Aces**

Lauren Petrick ('01-'04)	263
Amber Waltz ('97-'00)	205
Carrie Ness ('01-'04)	224
Kirsten Gilt ('96-'99)	172
Michelle Clise ('94-'96)	136

**Total Blocks**

Shannon Rexrode ('96-'99)	774
Jen Long ('97-'00)	608
Sara Schwartz ('97-'00)	255
Lauren Petrick ('01-'04)	253
Jodi Carpenter ('03 & '04)	248

**Digs**

Sam Seyfferth ('01-'04)	1585
Amber Waltz ('97-'00)	1412
Shannon Rexrode ('96-'99)	1217
Michelle Clise ('94-'96)	1095
Lauren Petrick ('01-'04)	1101

**Hitting Percentage (min. 1,000 TA)**

Shannon Rexrode ('96-'99)	.0385
Jodi Carpenter ('03 & '04)	.0384
Sara Schwartz ('97-'00)	.0323
Jennifer Long ('97-'00)	.0302
Heather Abucevicz ('98-'00)	.0242



THE BOBCAT COACH BUS



WEIGHT ROOMS



The **Harold J. Cordts Physical Education Center** is a state-of-the-art facility for health and physical education classes, intramural and intercollegiate competition and general use by the university community. This complex features an Olympic-size swimming pool with separate diving well; courts for racquetball, handball and squash; two gymnasiums, including a 3,600-seat arena; a climbing wall; weight rooms; and a dance studio.

The Cordts Center is fully equipped for archery, tennis, track and field, volleyball, gymnastics, soccer and other athletic activities. Offices, classrooms, a training room, lockers and showers are also located in the complex. Outdoor facilities include tennis courts, playing fields and Bobcat Stadium with its track and field facilities and all-weather track. In recent years, FSU's excellent facilities were chosen by the Woolten Basketball Camp, the April Heinrichs Soccer School and the Ripken Baseball Camp.



DUNKLE QUAD

From an opening day enrollment of 57 students, Frostburg State University has grown to a present day enrollment of over 5,000 students. Its physical plant, once limited to a single building, Old Main, which housed classrooms and a library, has also grown to over 30 facilities including classroom buildings, residence halls, the Lewis J. Ort Library, the Harold J. Cordts Physical Education Center, the Lane Center, and the Performing Arts Center, situated on 255 beautiful acres.

Opened in 1902 as State Normal School No. 2, the University owes its existence to the tenacity of J. Benson Oder, editor of the Frostburg Mining Journal, and the citizens of Frostburg who, in spite of political barriers, raised funds and purchased the site on which the University is located.

Over the years, the name of the institution has reflected the changes in the scope of its educational mission. In 1935, the State Normal School No. 2 became the State Teachers College at Frostburg, a four-year college which offered a Bachelor of Science in Elementary Education. In 1963, the name became Frostburg State College, and finally in 1987, with the strong support of the local civic and business community, became Frostburg State University, an indication of its growing resources, diversity and excellence in educational opportunities for the region and the state.

In 1988, FSU became a constituent institution of the University System of Maryland, comprised of 11 of the state's 13 public institutions.

## FSU AT A GLANCE

- Average class size: 19
- 89% of classes have fewer than 30 students.
- 17:1 student/faculty ratio
- According to a recent survey, 97% of our graduates are employed. Over 83% are employed in the field of their choice.
- An undergraduate biology student discovered a new species of worm and presented his findings at the Russian Society of Nematologist Symposium in St. Petersburg.
- Among its peer institutions, FSU was ranked second for the number of national awards received by its faculty.
- The CBS hit comedy "Yes, Dear" has a character who has ties to FSU and often wears "Frostburg" T-shirts, thanks to Gregory Garcia, real-life FSU graduate and the show's executive producer.
- The fall 2000 entering freshmen class was the largest in FSU history and 10.2 percent larger than the previous year. The same class had an average SAT score that was 14 points higher than the previous year's average.
- FSU is a partner in the construction of a business and technology park on campus. This new park will provide opportunities for students to engage in research and internships with participating agencies.
- The pass rate of FSU graduates in Social Work licensure exams has been 100% for the past two years.
- Students from FSU's Society for the Advancement of Management chapter placed third nationally in case competition.
- FSU education graduates have typically had pass rates of 96%-98% on the National Teachers Exam.

Expanding to meet the educational needs of the region, the FSU Center in Hagerstown was also established in 1988 to offer upper-level bachelor's degree coursework and graduate programs. The University also opened, in 1990, a permanent location for the Frederick MBA program.

Throughout its growth, the University has emphasized excellence in teaching. Over 80% of the full-time faculty hold Ph.D.s or terminal degrees from institutions that are among the most prestigious in the nation. Faculty scholarship has led to scholarly books, manuals and journals, as well as numerous articles and reviews. This excellence in faculty has resulted in superior results for students. FSU has been ranked first among its peers for the number of doctorates per 100 baccalaureate degrees awarded. In the same study, FSU was ranked second in the percentage of national, prestigious awards received by faculty. These have included Fulbrights and significant grants from the National Endowment for the Humanities, the National Endowment for the Arts and other national associations.

At the same time, the University has developed comparable excellence in academic programs, research, consulting, cultural and athletic events, and facilities. In recent years the campus has consistently received a superior rating, the highest state award given for facilities and maintenance. In addition, FSU was also recently ranked safest college campus in the state.

Today, the University's mission and services have expanded significantly. Over 400 full-time administrators and support staff, and more than 200 full-time faculty serve the educational needs of students who come not only from throughout the United States, but also the world. These students have a choice of 37 major programs of study leading to the Bachelor of Art, Bachelor of Science, Bachelor of Fine Arts and Bachelor of Technical and Professional Studies degrees as well as graduate degrees in applied ecology and conservation biology, business administration, counseling psychology, education, wildlife/fisheries biology, human performance, modern humanities, park and recreation resource management, teaching and applied computer science. In addition, 12 pre-professional programs are offered.

Frostburg State University continues its pursuit of excellence. It is a tradition which now spans over a century.

# ABOUT FROSTBURG STATE UNIVERSITY

## THE UNIVERSITY

Public, four-year undergraduate & graduate, liberal arts and sciences and professional studies

## DEGREES

B.A., B.S., B.F.A., B.T.P.S.; M.A., M.B.A., M.Ed., M.S.

## ENROLLMENT

4,300 undergraduate; 900 graduate

## STUDENT/FACULTY RATIO

17:1, 85% of classes have fewer than 30 students

## FACULTY

Full-time: 248

Part-time: 109

80% have doctorates or terminal degrees in their fields

## ON-CAMPUS HOUSING

90% of new students live on campus

2,000 residence hall spaces

## SPECIAL OPPORTUNITIES

Honors Program

Learning Communities

Internships

Study Abroad

K-12/Secondary Teaching Certification

Collaborative and Dual Degree Programs in Engineering with Univ. of Maryland, College Park

B.S. Physics/M.S. Applied Physics collaborative program with UMBC

Bachelor's/Juris Doctor Program with University of Baltimore School of Law

B.S. Accounting/M.B.A. combined program

Chemistry/Doctor of Pharmacy Dual Degree Program

Career Services

Credit by Examination-CLEP & Advanced Placement

## 2005-2006 EXPENSES\*

In-State: \$12,748

Out-of-State: \$20,998

Contiguous Counties\*\*: \$17,748

\* Estimated undergraduate expenses for 2005-06; includes room, board, tuition & fees for one year

\*\* Out-of-state discount for full-time students from the following counties in PA: Bedford, Franklin, Fulton and Somerset; in VA: Loudoun; and in WV: Berkeley, Grant, Hampshire, Jefferson, Mineral and Morgan.

## MAJORS

Accounting

Art & Design

Athletic Training

Biology

Business Administration

Chemistry

Communication Studies

Computer Science

Criminal Justice

Dance

Early Childhood/Elementary Education

Earth Science

Economics

Electrical Engineering

Elementary Education

English

Environmental Analysis & Planning

Exercise & Sport Science

Foreign Languages & Literature

Geography

Health & Physical Education

Health Science Administration

History

Informational Technology Management

International Studies

Interpretive Biology & Natural History

Law & Society

Liberal Studies

Mass Communication

Mathematics

Mechanical Engineering

Music

Philosophy

Physics

Political Science

Psychology

Recreation & Parks Management

Social Science

Social Work

Sociology

Theatre

Urban & Regional Planning

Wildlife & Fisheries

## PRE-PROFESSIONAL PROGRAMS

Dental Hygiene

Dentistry

Law

Medical Technology

Medicine

Nursing

Occupational Therapy

Optometry

Pharmacy

Physical Therapy

Veterinary Medicine

## SCHOLARSHIPS

To be considered for scholarships, an applicant should request the Financial Aid and Scholarships brochure, which outlines the criteria for each award. The brochure also contains the Scholarship Rapid-App form that must be completed to be considered for these awards. This form, along with an essay and supporting documentation, if required, must be submitted to the Financial Aid Office by March 1.

## FINANCIAL AID

To be considered for financial aid at FSU including need-based grants, loans and work study, applicants must complete the Free Application for Federal Student Aid (FAFSA) by no later than February 15 to meet the priority deadline of March 1. The FAFSA application is available through the Financial Aid Office at FSU, high school guidance offices or public libraries.

**FOR MORE INFORMATION,**

**VISIT [WWW.FROSTBURG.EDU](http://WWW.FROSTBURG.EDU)**

**OR CALL (301) 687-4201**